

# Pants Power

Age 5-7



TALK

P

A

N

T

S

AND HELP KEEP  
CHILDREN SAFE

NSPCC

PSHE Association  
Quality Assured  
Resource  
PSHE  
Association

# Our class ground rules



- We will join in with the lesson, but we can 'pass'
- We will listen to others and will they listen to us
- We will use vocabulary that we learn in our lessons
- If we don't know the words to use, we will ask our teacher
- We won't share stories about ourselves, our friends or our family
- We can ask our teacher lots of questions, but not personal questions about their life

# To learn the Talk PANTS rules and that they help keep children safe.



We will be able to...

- recognise that adults care for children and help them to stay healthy
- identify safe adults and to ask for help if something is upsetting or worrying
- recognise that some parts of the body are private; and be able to name private parts
- rehearse and recall the PANTS rules

# NSPCC

presents

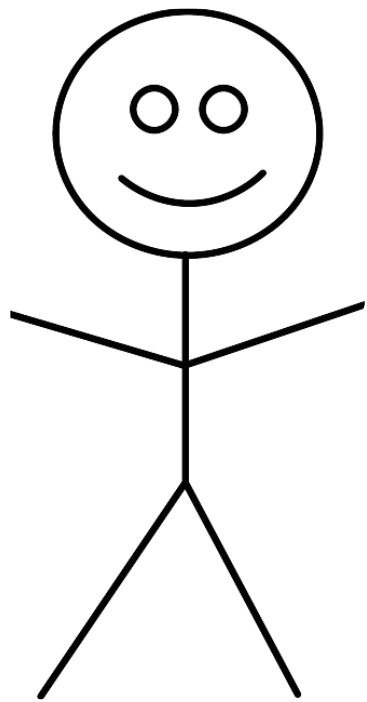


PANTOSAURUS

# Talk to you partner



What do children have to be kept safe from?



**People?**

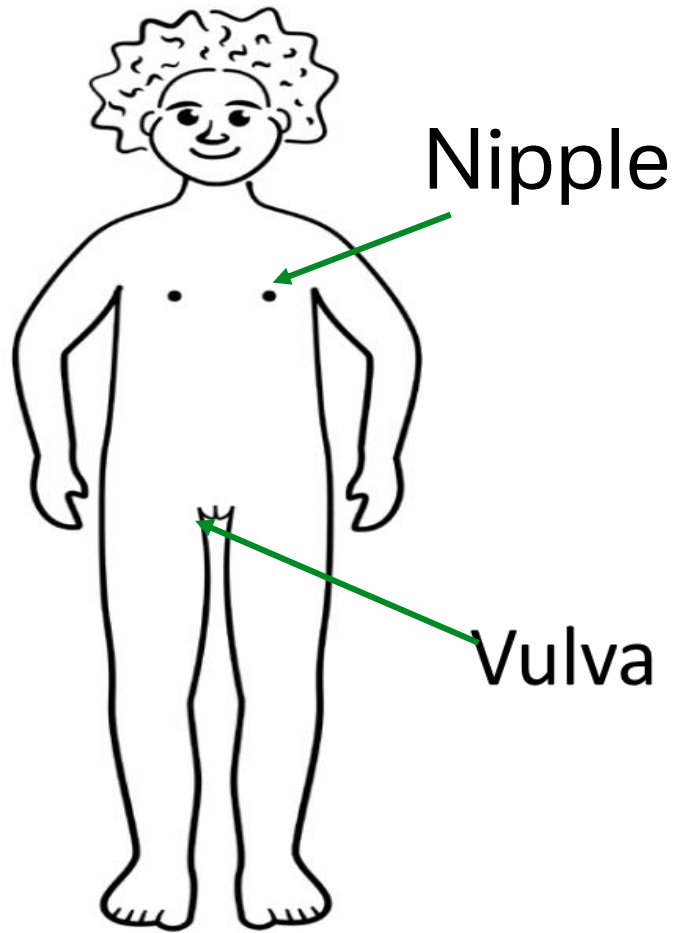
**Places?**

**Things?**

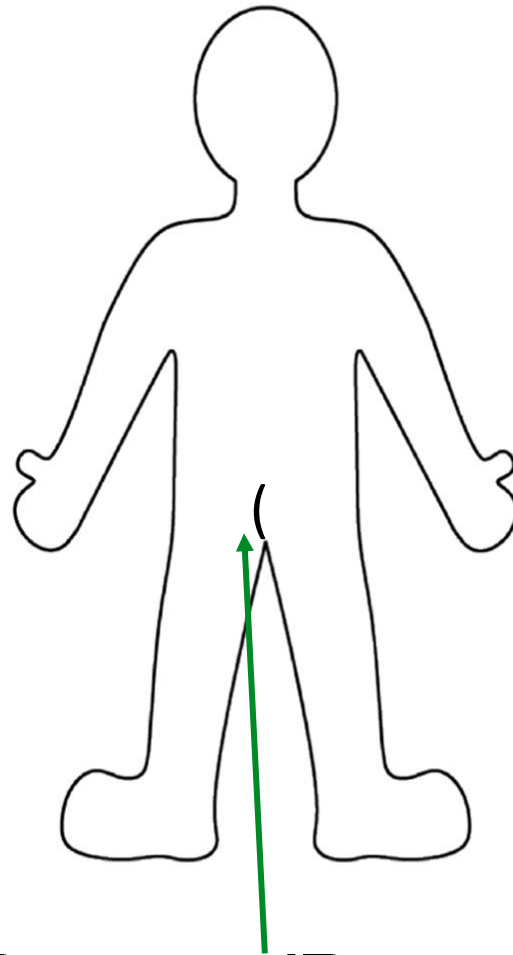


Hand	Arm	Leg	Foot
Head	Chest	Bottom/ Buttocks	Vulva
Penis	Hair	Knee	Neck
Nipple	Foot	Testicle	Vagina

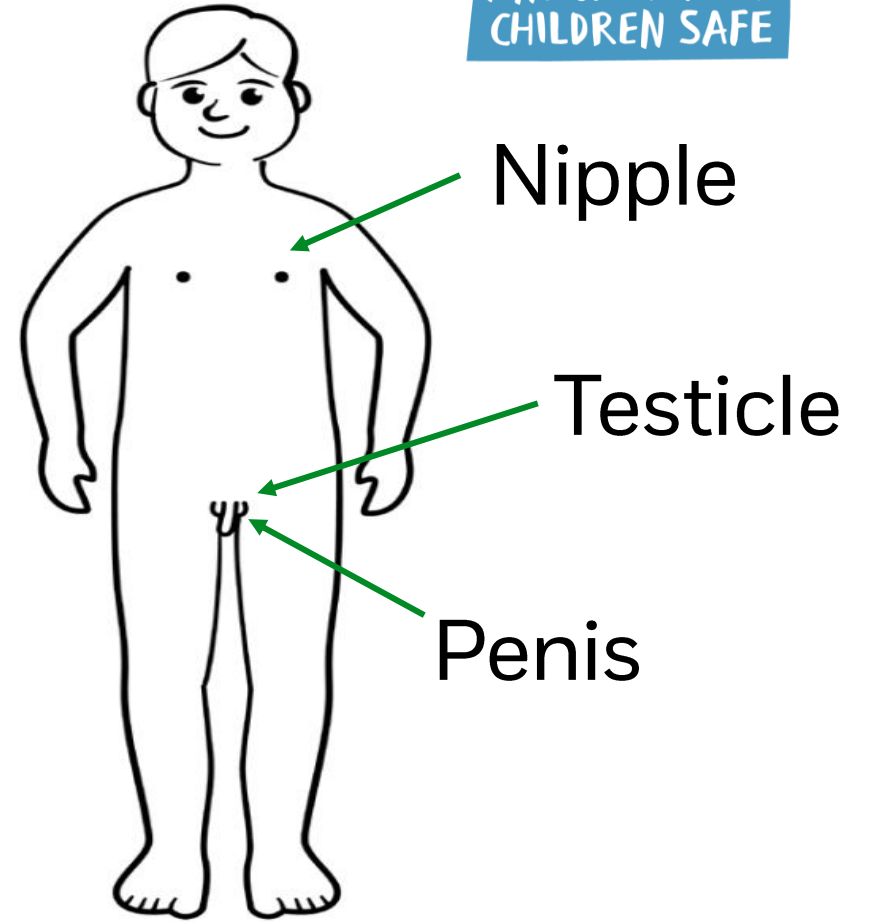
# Labelling bodies



**Female**



Bottom/Buttocks



**Male**



**NO**

Can I see your private parts?

Will you show me your privates?

**NO**

I'd like to see what's under your pants.

**NO**

**NO**

I want to touch your private parts

Can I look in your pants?

**NO**

**NO**



# Safe Adults

- Complete the sheet or write the headings and your responses in your book.
- You can draw your responses too.



Safe adults I can talk to at school...



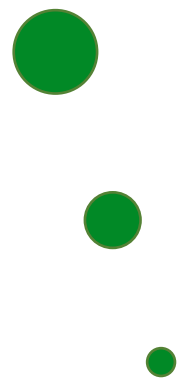
Safe adults I can talk to at home...

I've got sand in my pants. It's itchy. Aww, it hurts!



Let's shake the sand out. Oh dear, it looks like the skin under your pants is sore.

Who else might need to see under Pantosaurus' pants to help his skin heal?



- 
- P** RIVATES ARE PRIVATE
  - A** LWAYS REMEMBER YOUR BODY BELONGS TO YOU
  - N** O MEANS NO
  - T** ALK ABOUT SECRETS THAT UPSET YOU
  - S** PEAK UP, SOMEONE CAN HELP



## The Talk PANTS rules!

# What have you learnt?



Some rules that keep children safe are...

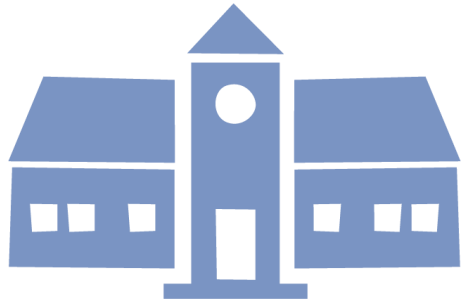
Questions that I have are...

Something I'd like to say is...

# Who can help?



Think of safe adults you could speak to if you need help with relationships or the behaviour of others.



## In school

Teacher  
Support Assistant

## At home

Parent or carer  
Safe adult



## Childline

0800 1111