

**PSHE Living in the Wider World: Media Literacy and Digital Resilience Medium Term Plan
2024-2025**

	Lesson 1	Lesson 2	Lesson 3	Lesson 4
NURSERY	I am learning about digital devices Know some examples of digital devices e.g computer, mobile phone, Nintendo switch, PlayStation, tablet	I am learning about safe games to play Discuss what games I play at home Recognise icons for safe games Know why it is important to only play safe	I am learning about the importance of limiting screen time Talk about how much time I spend on a screen. Know why it is important not to spend too much time on a screen.	
	Oracy Linguistic: Can start a simple conversation with a familiar adult or friend.	Oracy Social and Emotional: Take turns in a conversation with a peer.	Oracy Physical: To maintain eye contact when talking about a topic of interest.	
	digital device, computer, mobile phone, tablet	safe, icon, choice	screen, limit, grumpy	
RECEPTION	I am learning about digital technology and the internet Name different digital technologies e.g computer, mobile phone, tablet, ipad, Know what a computer is Know what the internet is Know how the internet can be accessed	I can identify rules that keep us safe and healthy when using technology Know the things that I am allowed to do when using technology Know the things that I am not allowed to do when using technology Name some things that might make me happy, sad, angry when I use technology and the internet Name at least one trusted adult who can help me stay safe when using technology of the internet PSHE Folder> Teaching Resources> Spring> Media Literacy and Digital Resilience> Reception> Lesson 2	I am learning to give some simple examples of rules when using technology Name some rules I have when using technology Say why I am allowed or not allowed to do these things Know what to do if I am worried or unsure about something online PSHE Folder> Teaching Resources> Spring> Media Literacy and Digital Resilience> Reception> Lesson 3	I am learning about the importance of limiting screen time Name different types of screens Name some activities I enjoy that do not involve a screen Talk about how too much screen time can affect my body
	Oracy Social and Emotional: To take turns to speak when working in learning partners.	Oracy Social and Emotional: To take turns to speak when working in learning partners.	Oracy Physical: Speak audibly so they can be heard and understood in a trio.	Oracy Physical: Speak audibly so they can be heard and understood in a trio.
	digital technology, internet	strangers, trusted adults		screens, healthy, balance
YEAR 1 Using the internet and digital devices, communicating online	I am learning about the benefits of the internet and digital devices Know some of the benefits of using a computer Know some of the benefits of using a mobile phone Know some of the benefits of the internet Identify some of the benefits I get from using a device or the internet	I am learning how to be safe online Know what being online means Know what can go wrong when we go online Know that I should ask permission before going online Know I should not share personal information online Know I should tell an adult if something scares me or makes me feel anxious Know how to get help	I am learning why it is important to limit screen time Name and recognise different types of screens Describe activities I enjoy that do not involve a screen Understand how too much screen time can affect my body Talk about ways to balance screen time with other activities	
	Resources	BBC Bitesize KS1 – Keeping Safe Online https://www.bbc.co.uk/bitesize/topics/zmykqat/articles/zym3b9q		
	Oracy Physical: Use non-verbal signals to indicate agreement or disagreement.	Oracy Social and Emotional: Use a more formal tone with adults	Oracy Physical: Speak clearly and confidently when explaining displayed learning to an adult.	
	internet, device, benefits	online, permission, personal information, private	screen time, limit	
YEAR 2	I am learning why it is important to limit screen time Describe activities I enjoy that do not involve screens Understand how too much screen time can affect my body Talk about the ways to balance screen time with other activities Explain why it is important to take breaks from screens	I am learning some content on the internet is factual and some is for entertainment Know what factual means Know what entertainment means Know the difference between factual information and internet Know some apps or website that contain factual information Know some apps of websites that are for entertainment	I am learning that information online might not always be true Know what voice activated searching is and how I might use the internet (Alexa, Google Now, Siri) Explain the difference between things that are imaginary, 'made up' or 'make believe' and things that are true or real. Know why some information I find online may not be true.	I am learning how to keep our personal information private Know what my personal information is Know when to share personal information Know how passwords can be used to protect information, accounts and devices Identify the features of effective passwords
	Resources			PSHE Folder> Teaching Resources> Spring> Media Literacy and Digital Resilience> Year 2> Lesson 4
	screen time, balance, break	factual, entertainment	voice search, true, information	password
	Oracy Linguistic: Use taught vocabulary independently, even if not always accurately.	Oracy Linguistic: Use taught vocabulary independently, even if not always accurately.	Oracy Physical: Moderate tone and volume to match the audience.	Oracy Social and Emotional: To build on others' ideas in discussions.

SEND Adaptations

	Encountering	Foundation	Core	Development
Self-Care, Support and Safety Keeping safe online	Respond with curiosity to adult modelling of different ways that people communicate with each other.	Describe some ways that we use to communicate, including online.	Demonstrate simple ways of communicating our choices to others. Give examples of how people might use technology to communicate with others. Identify some risks of communicating online.	Describe simple ways of keeping safe online, such as using passwords or having adult help to access the internet. Explain that there may be people online who do not have our best interests at heart. Identify things that we should never share online without checking with a trusted adult first.