



Are you expecting a baby or
do you have a child under the age of four?

Do you live in one of the following areas in
Southend?

Milton, Westborough, Victoria, Kursaal,
Shoeburyness or West Shoebury

Would you like a bit of extra support from
our team of volunteers?

It could be behaviour strategies, routines,
ideas for activities or emotional support

Phone Home-Start Essex on 01245 847410 or email
info@home-startessex.org.uk for more information

www.abetterstartsouthend.co.uk

www.home-startessex.org.uk

