

Dear Parent/Guardian

### **Supervised Toothbrushing Programme in Early Years Settings.**

In partnership with your children's Early Years setting, we would like to involve your child in toothbrushing once a day with fluoride toothpaste. This has been shown to improve children's dental health. The children will be brushing their own teeth under the supervision of an adult from your child's EYFS setting. All adults have been trained and are following strict guidelines.

**This activity does not replace your child's toothbrushing routine at home.**

If you have any queries about the programme, or would like more information, please speak to your child's setting in the first instance. Your EYFS setting can also arrange for the Oral Health Improvement team to contact you if required.

You can withdraw your child at any time from the programme but please inform your child's setting.

Please tick the appropriate boxes and sign below to give your permission. Return the completed slip to your child's EYFS setting as soon as possible.

To measure the impact of this important programme, please could you complete the questionnaire below prior to your child starting the programme:

[Please click here to access the form or use the QR code below.](#)



Thank you.

Yours Sincerely

Oral Health Improvement Team - Essex  
**Community Dental Services**

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